



2022 Pediatric Sports Medicine and Orthopedics Conference (11/18/22)

Agenda

General Session

8:00 – 8:15 a.m.	Welcome and Introduction
8:15 – 9:00 a.m.	Evolution of Pediatric Sport Medicine. A perspective on 30+ years in practice- Joe Congeni, MD
9:00 – 9:45 a.m.	Dispelling Common Myths in Sports Medicine: James MacDonald, MD, MPH
9:45 – 10:00 a.m.	Q&A
10:00 – 10:15 a.m.	Break
10:15 – 11:00 a.m.	Sports Hernia- John Leff, MD*
11:00 – 11:45 a.m.	Energy Balance in Sport – Implications for Injury Risk and Recovery, Performance, and Health- Anastasia Fischer, MD, FACSM
11:45 a.m. – Noon	Q&A
Noon – 1 p.m.	Lunch

Sports Medicine Track

Medical Issues in Sports

1:00 – 1:30 p.m.	Pediatric Mental Health Considerations and Implications for Injury- Amy Valasek, MD & Julie Young ATC, PhD
1:30 – 2:00 p.m.	Muscle Cramping in Sports: Why Does it Happen & How to Treat it- Rich Rodenberg
2:00 – 2:30 p.m.	How to Recognize When Your Athletes Should See a Registered Dietitian- Sakiko Minagawa, MS, RD, LD
2:30 – 2:45 p.m.	Q & A
2:45 – 3:00 p.m.	Break

Musculoskeletal Issues in Sports

3:00 – 3:30 p.m.	Patellofemoral Syndrome/PFS- What is it & How to Treat it- Reno Ravindran, MD
3:30 – 4:00 p.m.	Patellar Dislocation- When to Operate? Kevin Klingele, MD
4:00 – 4:30 p.m.	Important Cases Not to Miss– Thomas Pommering, DO
4:30 – 4:45 p.m.	Q & A

Rehabilitation Track

1:00 – 1:45 p.m.	Return to Sport Considerations for Athletes with Chronic Pain- Alex Rospert
------------------	---

1:45 – 2:30 p.m.	Return to Tumbling in Gymnastics/Cheer/Dance after Upper Extremity Injury- Katie Lullo & Brittany Selhorst
2:30 – 2:45 p.m.	Q & A
2:45 – 3:00 p.m.	Break
3:00 – 4:30 p.m.	Management of the C-Spine Injured Athlete Workshop- Eric Leighton, ATC & Kevin Brown, ATC
4:30 – 4:45 p.m.	Q & A

MSK Ultrasound Track

1:00 – 1:45 p.m.	Introduction to MSK Ultrasound – Drew Duerson, MD
1:45 – 2:15 p.m.	Diagnostic Ultrasound of the Upper Extremity with Live Demo – Jonathan Napolitano, MD
2:15 – 2:45 p.m.	Diagnostic Ultrasound of the Lower Extremity with Live Demo – Drew Duerson, MD
2:45 – 3:00 p.m.	Break
3:00 – 3:45 p.m.	Group 1 Hands-on Scanning
3:45 – 4:00 p.m.	Break/Switch
4:00 – 4:45 p.m.	Group 2 Hands-on Scanning